

# St George Girls High School

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Monthly Bulletin

March 2012

Vol. 17 No. 2



**Parents & Citizens'  
Association Meeting**  
Thursday 22 March 2012  
Staff Common Room  
7pm

**Mothers' Committee Meeting**  
Wednesday 4 April 2012  
Library  
10am

## Principal's Message

Dear Parents and Students,

### Year 12 Assessment Period

As I write this message Year 12 students are in the process of sitting for their mid course assessments. Students will receive feedback from their teachers as a result of the assessment tasks which students should use as a learning tool to diagnose their strengths and those areas which require further development. This strategy will assist students to maintain their motivation and ultimately to achieve their personal best learning outcomes.

### School Walkathon

The annual school walkathon is scheduled for 30 March and already a great deal of work has been done to ensure that once again this highlight of our school year is a great success. Students collect sponsorships and then walk to Peter Depena Reserve at Sans Souci where they are entertained for the day by Year 12 students who organise many activities and food stalls. The walk is well supervised by teachers and by police.

This is the major fundraising activity for the Student Representative Council and the students decide what projects they would like to undertake. In the past funds raised by students enabled the SRC to fund the installation of air conditioning in the school library and currently an upgrade of the sound and audio visual facilities of the hall is being planned. I would like to thank Mr Moncrieff for organising the day and Year 12 students for providing wonderful food stalls and activities. I urge parents to ensure that their daughter fully participates in this worthwhile activity.

## Winter Uniform

The official date for the start of winter uniform is Monday 21 May. If you need to purchase items be sure to do so early while stocks are available. Be aware that if long pants are worn they must be the style purchased through the uniform shop. Scarves are now available to buy in the uniform shop. If the weather turns very cold the girls are permitted to wear a plain black coat. The uniform shop is open every Wednesday between 12.45 and 2pm. The uniform shop will also be open on Saturday 12 May from 9.30am until 11am. A price list is attached for your information.

## Bunnings Fundraising BBQ

Our hardworking P&C have organised another Bunnings Sausage Sizzle to raise funds for the school. It will be held on Sunday 25 March at their Rockdale store. Funds raised together with the P&C Resources Levy will go towards improving facilities for students. In the past any funds raised by the P&C have been used to purchase faculty resources including textbooks for all students. Major projects such as the air-conditioning of the school hall and the installation of electronic whiteboards have also been provided by these funds. I would like to thank our small dedicated group of parents who work so hard to improve facilities for students. If you would like to assist on the day please contact Annie Hong on 0412 022 084.

## Building Fund

The St George Girls High School Building Fund was established in 2002. This is a fund solely for the acquisition, construction and maintenance of our school buildings. Contributing to this fund can be attractive to parents as donations are tax deductible. Please make cheques payable to "The St George Girls High School Building Fund". Your donations would be most gratefully accepted.

## School Dance

The SRC has organised a school dance for Wednesday 28 March. It is held at Hurstville Civic Centre and is attended by students from Sydney Technical High School. Teachers from both schools are in attendance and security personnel are hired for the evening. The dance commences at 6.30pm and ends at 10pm. I have included the rules of the dance in this gazette. Parents are contacted if their daughter has purchased a ticket but does not attend on the evening.

## Annual Mother Daughter Dinner

The annual Mother Daughter Dinner is scheduled for Saturday 5 May from 6.30pm until 10.30pm. Please put this date in your diary for a lovely evening. The venue is the Georges River 16ft Sailing Club. This is an event organised by the Mothers' Committee. It is a most enjoyable evening and attracts large numbers of mothers, grandmothers and daughters. The prefects attend and provide activities and there are many raffle prizes to be won. I encourage all to come along. A flyer has been included in this gazette.

## Congratulations

I would like to congratulate the following students for achieving Gold Certificates indicating that they have received thirty Merit and/or Participation Certificates:

Alice Hu of Year 9.

De Yi Wu of Year 12.

I would like to congratulate the following students for receiving Principal Certificates:

Cindy Chen (3), Johanna Kennedy, Lily Lasic Latimer, Tania Lu, Stephanie Noronha (2), Jacqueline Pham, Fiona Pylotis and Vivian Tao (2) of Year 8.

Emma Chow, Bernice Chung, Siobhan Downey, Brenda Lam (2), Elizabeth Melkonian, Dhivya Nadarajah, Selina Su (3), Yi Wen Tan (2) and Angela Wang of Year 9.

Dolly Ouyang (2) of Year 12.

Well done to all of these girls and to all who have experienced personal success this term.

Yours sincerely  
Carole Knott

## Deputy Principal's Report

### Year 12 and Assessments

As Year 12 emerge from a period of assessment tasks, parents are urged to get their daughters to reflect on what they have learnt from the experience. This assessment period is a milder form of the Trial HSC and HSC examination periods and there are many lessons to be learnt, especially about time management and effective study technique.

Students need to be very familiar with their exam timetable, display it prominently (somewhere like the fridge) and discuss with friends and family what exams are taking place and when. Every year one or two girls misread their timetables and suffer the consequences.

Girls should always plan to be at school 45 minutes before the scheduled commencement time to allow for transport problems. Arriving flustered with only a minute to spare or, worse still, late, creates anxiety which can severely impact on performance.

In this time of public transport unreliability girls should always have taxi fare in their pockets so that if trains or buses are disrupted they can make alternate arrangements.

Every assessment task is a learning opportunity. Students should analyse any defects in their exam technique as well as any gaps in their knowledge or understanding which might have been noticeable. They need to remedy these shortcomings to maximise their success. The temptation to put a bad assessment task behind you and not use it as the basis of future study should be resisted.

Girls should be discouraged from the 'all-nighter' study technique. It has a certain glamour but is in fact very unproductive. Regular, well-organised study covering a variety of subjects is far better than sitting up all night with diminishing focus and arriving at the exam tired and fuzzy, filled with caffeine based drink.

Mr Morris

## Deputy Principal's Report

**Y**ear 12 are currently involved in their mid course assessment period. We wish them every success due this assessment period. Half yearly reports will be distributed in week 4 of term 2. The Year 12 parent teacher night is on Tuesday 5 June where parents can discuss the progress of their daughter with her class teachers.

**N**APLAN for Years 7 and 9 will take place on 15 – 17 May. These tests are in Literacy and Numeracy. The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement.

The tests will be conducted across Australia on the same days for all students according to the following timetable:

**Tuesday 15 May 2012** – Language Convention test (Spelling, Punctuation and Grammar) and a separate Writing test.

**Wednesday 16 May 2012** – Reading test

**Thursday 17 May 2012** – Numeracy test (Number, Algebra, function and pattern; Chance and data; Measurement and Space.)

A parent information sheet will be sent home shortly. Please ask your daughter for the sheet and place them on your calendar.

Mr Ponder

## Technological and Applied Studies

### Year 9 Food Technology Excursion – Botanic Gardens and Susannah Place Museum

**T**he Royal Botanic Gardens. You think an excursion to such a place would be rather boring. But in fact the Year 9 Food Technology class had a fabulous, yet hot day. We made wattle seed damper and lemon myrtle toffee and tried some kangaroo meat with bush tomato sauce. Most ingredients were traditional Aboriginal foods and for a lot of us it was our first time trying these foods. After that, we had a fun and factual tour of the gardens by our Aboriginal guide, 'Leon', who taught us about his culture, the Aboriginal foods growing in the gardens and even played the didgeridoo for us. Then we had lunch in the gardens with a beautiful view of the harbour. We then walked on the longest and hottest walk to the Susannah Place Museum and on the way we had a pit stop at the Sydney Opera House and bought iceblocks.

At the Susannah Place Museum we looked at the homes of people from the 1900's. We learnt about their way of living and had an opportunity to explore their domestic kitchens and living quarters. Our day came to an end and it was time go home.



Outside The Royal Botanic Gardens Entrance



Looking for eels and fish in The Royal Botanic Gardens

All of this would not have happened without the help of Mrs Winger and the wonderful organisation by Miss Leto. Thank you so much 😊

By Emily Wang and Eden Ghim  
Year 9 Food Technology

## Student Welfare

**S**ince the issue of the last Gazette, the following students have been presented with Dragon Badges:

Niki Kalimnios, Elizabeth Melkonian and Dhivya Nadarajah (4) of Year 9.

Laurie Mac, Joy Wang and Helen Yao (2) of Year 10.

Ellie Stamatelatos (3) of Year 11.

Di Yi Wu of Year 12.

## Languages

### Video Matsuri

Last year our Year 9 Japanese classes participated in the *Video Matsuri* competition, run by the Japan Foundation and sponsored by the Japanese Government. Entrants were required to write, film and edit a three minute video in Japanese. Out of over 100 entries from across Australia, our students came first in three separate categories. Siobhan Choi, Melissa Han, Gina Kong, Annie Li, Winnie Lu, Maggie Wan received the award for best humour; Helen Shan, Thuy Tran and Tina Zhao the award for best Language; and Shirley Lin, Angela Liu, Sally Liu and Jade Soo the award for best camera work. Congratulations to these girls.

### Overseas Study Tours

French and Japanese students in Years 10 – 12 are busy preparing themselves to experience first-hand the language and cultures they have been studying in the classroom. In April, 22 French students will travel to New Caledonia for eight days, where they will take French classes, stay with local families, and enjoy the sights, sounds and flavours of French Pacific culture. In October, 16 Japanese students will travel to Japan, spending time in Kyoto, Hiroshima and Tokyo, including a visit to *Shiraume Gakuen* high school, whose students we have regularly hosted at St George over the past three years.

These tours provide students with invaluable language experience, as students have the opportunity to put their speaking, listening and reading skills to use in real life situations, and to expand and deepen their knowledge of the language and culture. Thanks go to Ms Dooner and Ms Georgius for their organisation and supervision of these tours.

### Linguistics Olympiad

St George Girls has participated in the *Australian Computational Linguistics Olympiad* (OzCLO) for the past three years, with excellent results. The competition requires students to use their language problem solving skills to decipher and analyse words, sentences and grammatical rules in a range of foreign languages. Last year's problems included languages such as Tohono O'odham (a native American language from Arizona) Ulwa (from Nicaragua), Arrernte (an Australian Aboriginal language from in and around Alice Springs) and New York Point (an early form of Braille). This year over forty students from Years 9 – 11 will be competing for the opportunity to participate in the 10<sup>th</sup> International Linguistics Olympiad in Slovenia later this year.

Mr Morrison  
Head Teacher Languages

## Sport

### Zone Swimming Carnival

Congratulations to all of our wonderful swimmers who performed so brilliantly at the recent Zone Carnival. Due to excellent participation levels in all divisions, St George was once again the best performed girls school in the zone!

Congratulations to the 12, 13, 14, 15, 16 years and All Age Relay teams who are through to compete at Regional level.

Congratulations to the following girls who were crowned Zone Age Champions.

15 years – Emily Wang (Year 9)

17 years – Stephanie Andrews (Year 12)

Runner-up 12 years – Chloe Gratsounas (Year 7)

Best of luck to all of our swimmers who will be competing at the Regional Carnival. Results from this championship will be published in the next gazette.

### Hockey

Congratulations to Greta Hayes who has been selected to represent the Tasmanian State Team in the Under 18 National Championships which are being played in Newcastle in April.

### Year 9/10 Touch Gala Day

The Year 9/10 All Schools Touch Gala Day was played at Gwawley Park, Taren Point on 12 March. All girls performed very well and the team secured victories in four of the seven games played. A fun day was had by all!

### Sport Fees

Refer to information below regarding Term 1 sport fees.

**Year 7** – No fee this term

**Year 8** – \$64

**Year 9** – \$46

#### **Year 10**

Table Tennis	\$55.00
Lacrosse	\$47.00
Fitness (Titan)	\$67.00
Tennis Coaching	\$67.00
Hip Hop	\$55.00
Fitness First	NC

#### **Year 11**

Capoeira	\$48.00
Tennis Coaching	\$52.50
Table Tennis	\$40.00
Oz Tag	\$40.00
Rowing	\$80.00
Fitness First	NC
Power Walking	NC

### Regional Dance

Thirty students have been selected to represent the school in the Regional Dance Festival which is being held at the Seymour Centre in June. This year, Ms Simone Saultter, a professional dancer, will be choreographing the dance item. Hopefully, all dancers involved will find the experience to be most rewarding!

## Green Corner



### 10 Thousand Teens Summit

In November 2011, three environmentally passionate St George Girls set off to Sydney Girls High School for a workshop about the cutting carbon project “10,000 Teens” – a branch of 1millionwomen. Lara Rogerson-Wood, Amy Selvaraj and myself (Abbie Winspear) were joined by representatives from more than 10 other schools to discuss the project and how we were going to spread the message to other teenagers all around the country.



By the end, we had multiple strategies to cut carbon, brilliant ways to create awareness (and also some crazy ones), an abundance of fake tattoos, and every single member committed to the cause.

Saving the world, one woman at a time!

Thanks Mrs Duffy for organising for us to go.

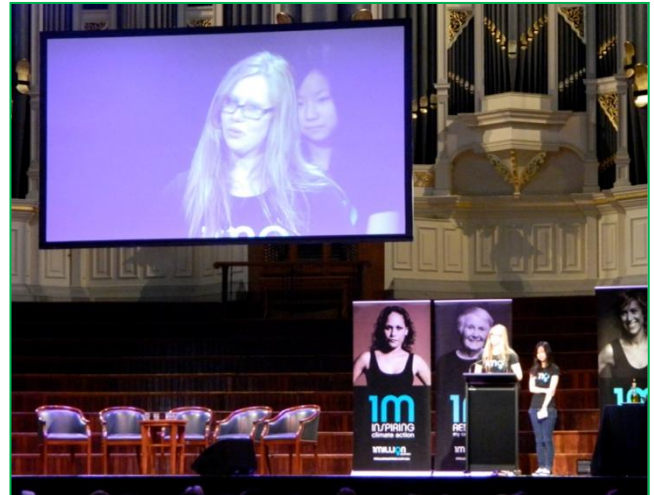
By Abbie Winspear

### 1millionwomen Save Summit

December 2011 – the environmental event of the year: the “1millionwomen Save Summit”. This event was an environmental conference seating more than 800 women with a line-up of over 15 incredible speakers.

- Julie Goodwin showed everyone how to use leftovers to make great food.
- Layne Beachley and Noni Hazlehurst joined a panel discussing controversial issues on climate change.
- Melinda Schneider and Katie Noonan performed wonderful songs, with Melinda singing the campaign's anthem ‘courageous’.
- Ireland's first female Prime Minister showed her support by sending in a video message to inspire us.

- There were also fabulous ‘green’ fashion tips, handy woman demonstrations, speeches from politicians, cookies, and a 10thousand teens report spoken by two nervous teenagers: Helen Wei from Sydney Girls and myself, Abbie Winspear. We are now the official 10 000 Teens Ambassadors. We addressed the audience about the campaign, what it meant to us, what we now did to help as ambassadors and why we felt climate change was such an important issue.



- Afterwards, the Daily Telegraph took our picture with Noni, Layne, Julie and Natalie Isaacs, the founder of 1millionwomen and printed an article about the campaign. It was incredible standing on the stage in Town Hall knowing that 55 500 women (who are members of 1millionwomen in Australia) are as passionate as I am and that Helen and I are an inspiration for them. I am proud to be an ambassador for my generation, and to everyone involved in this campaign – thanks a million!

By Abbie Winspear

## Earth Festival – Newtown Performing Arts High School

On Friday, 9 March, Enviro Committee members, Irina Tyan Year 8, Celia Chen Year 9, Mellisa Han, Melanie Tran, Katherine Guo, Brenna Harding and Marlene Manks and Lisa Poon and Katerina Bampos (all of Year 10) went to Newtown Performing Arts High School to participate in a student environment forum along with 5 other schools as part of their Earth Festival. Upon arrival we were welcomed with morning tea and some magnificent posters to judge for their poster competition.



After morning tea, we sat down and watched some presentations given by N.P.A.H.S. The first presentation was about their veggie patch with the second presentation about their environmental songs.

One of their teachers was lucky enough to receive a Premiers Scholarship to travel around Europe to learn about Eco schools. Eco School are schools that get the whole school involved in environmental activities and make it part of their curriculum. One of the eco schools had goats in their school.

Then Katerina Bampos, Melanie Tran and Mellisa Han gave a brief presentation about our school's adopted Koala, Rose and encouraged other schools to do the same.

We all met and spoke with Sophie Alstergren, the producer of a film clip called "Waste NOT" and discovered the wonders of waste. We shouldn't think of waste as something to get rid of. Instead, we should think of waste as something we want because waste can be transformed into many useful things. If we do not change our thinking then we will not have any space left on our planet.

Then, we joined in the fun of the Earth Festival at lunch. There were many stalls, including a cake store, sausage sizzle, free trade chocolate, clothing, face painting, fresh juice and a gelato stand. All visitors were also provided with a free sausage sizzle lunch.

Thank you to Mrs Duffy for taking us to the Earth Festival

By Celia Chen  
Year 9

## Inter-School Dance

St George Girls High/Sydney Technical High Schools

Wednesday 28 March 2012

Hurstville Civic Centre,  
MacMahon Street, Hurstville  
6.30pm – 10pm

1. Only current students in Years 7-12 at St George Girls High School and Sydney Technical High School may attend.
2. Students must purchase their tickets before the dance. **TICKETS WILL NOT BE SOLD AT THE DOOR.**
3. Each student must purchase her own ticket. **TICKETS ARE NOT TRANSFERABLE.**
4. Each ticket will be numbered and the number recorded next to the student's name on a Roll List.
5. Students will only be admitted to the dance if they have a ticket with the number corresponding to the number recorded on the Roll List.
6. Students will arrive at the dance on time and will not be permitted to leave the venue until the dance finishes.
7. Parents will be contacted if a student purchases a ticket and does not attend the dance.
8. Parents are requested to assemble outside the venue at 9.45pm.
9. All advertising for the dance has stipulated that no alcohol or smoking will be permitted.
10. Security and teacher supervision will be provided.
11. Water and soft drinks are to be purchased at the venue. **No liquids will be allowed into the venue.**

C. A. Knott  
Principal

## Parents and Citizens' Association

A big thank you to all students and parents who attended the **Year 7 Picnic Day** on the bay at Carss Park last Sunday (11 March). The weather was fine and sunny and the water not too cold. By all reports the girls and parents had a great time (*see attached photos*).



Apologies to any Year 7 parents who were unable to contact the school due to a typo on the Information Evening flyer. Please note that the P&C may be contacted through the school email – [stgeorgegi-h.school@det.nsw.edu.au](mailto:stgeorgegi-h.school@det.nsw.edu.au)

The next P&C meeting will be held on **Thursday 22 March 2012** in the Staff Common Room at 7pm (this is the fourth Thursday of the month). For parents new to the school, please park in Victoria Street and enter the school via the front gate. Tea/coffee and biscuits will be available prior to the meeting.

Our guest speaker for the meeting will be **Mrs Aspin**, Technology Coordinator, who will provide an update on where the school is at with regards to: technology hardware and software; students accessing the Intranet from home; expectations the school has of its students; and a look at Google analytics for the school's new website [www.sgghs.com.au](http://www.sgghs.com.au)

A reminder to all families that the P&C's first fundraising event of the year will be the BBQ stall outside the entrance to Bunnings Rockdale on **Sunday 25 March**. Drop in for a sausage on a roll or a drink and say 'hello' to our parent and student volunteers. Another fundraiser BBQ is planned for Term 3.

**For the Diary: The 2012 combined P&C meeting with Sydney Tech P&C will be held on Thursday 24 May 2012 in our Staff Common Room (7pm).**

We look forward to meeting you next Thursday, especially parents of Year 7 and Year 11.

Michael Costello President 0408 195 739	Mark Yan Secretary 0410 665 198	Aparna Hegde Treasurer 9385 1569
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## Mothers' Committee

### Last Meeting – Wednesday 7 March

Our Guest Speaker was Mr Morrison, Head Teacher Languages, who gave an overview of the wonderful benefits of learning a language and the opportunities offered by the school through the study of Latin, French or Japanese. Mr Morrison also spoke about the numerous opportunities for our daughters to experience language and culture through special events such as Languages Day, Latin Camp, French restaurant excursions, Japanese school visits and overseas visits to Italy and New Caledonia. We thank Mr Morrison for sharing his passion for languages with us and for the many wonderful opportunities provided to our daughters by the Languages Faculty.

Thank you to Mr Ponder, Deputy Principal, for attending our meeting to provide us with an update on what has been happening around the school and for answering the many questions asked by our enthusiastic committee.

The Committee extends a warm invitation to all the girls of SGGHS to bring your mother, sister or grandmother to join in a wonderful school tradition to celebrate Mothers' Day – the annual *Mother Daughter Dinner*. The dinner will be held on Saturday 5 May at the Georges River Sailing Club and the theme for this year's dinner is *Princesses*. The information flyer and ticket purchase slip will be included in the March and April Gazettes and ticket sales will close on Tuesday 1 May. The venue caters for a limited number of guests, so please purchase your tickets early to avoid disappointment. We are also asking for donations to make up assorted baskets and gift hampers to be raffled on the evening and all donations will be accepted by the school office. All funds raised from the evening are returned to the school, so your support is greatly appreciated.

### Annual General Meeting: Wednesday 7 March

We acknowledged the achievements of the Mothers' Committee in 2011 as we continued our major fundraising functions of managing the Uniform Shop and organising the Mother Daughter Dinner. The Uniform Shop made an annual profit of \$23,700 and the Mother Daughter Dinner raised \$1587. All funds raised by the committee are returned to the school for the benefit of our daughters and in 2011 the committee

contributed \$15,000 toward the refurbishment of the Drama Studio, provided Faculty Funding of \$11,386, provided \$2445 for Presentation and Speech Day Awards and provided our School and Vice Captains with embroidered blazers. All of this was achieved only through the enormous efforts and contributions of so many. Thank you to all the committee members and volunteers, past and present, for their support, contributions and enthusiasm throughout 2011.

Executive Positions for 2012 were filled at our AGM.

**President** - Lisa Tulau

**Vice President/Uniform Shop Co-ordinator**

- Meryle Chandra

**Vice President** - Martess Girgis

**Treasurer** - Maria Radcliffe

**Secretary** - Donna Kwong

Thank you to our Committee Executives for taking on roles. We look forward to a wonderful year ahead and to getting to know our new members. Without the valued support of our members and volunteers, the Mothers Committee would not be as successful and enjoyable.

### Uniform Shop News

The Uniform Shop is open every Wednesday at lunchtime during term from 12.45pm to 2pm. Please note that the girls' lunch break commences at 1.10pm.

The changeover to Winter Uniform will occur on Monday 21 May 2012. Now is a good time to come in and get your Winter Uniform. The uniform shop will be open on Saturday 12 May from 9.30am – 11.00am prior to winter changeover.

The Blazer is an optional item for all girls in years 7-12 and is priced at \$165. The red school scarf is also available for \$10. Both items are especially suitable for travelling to school on chilly mornings.

Please donate any unwanted SGGHS uniform items to the uniform shop as all profits are donated to the school for the benefit of our daughters.

Thank you to all the volunteers who have offered to help in the uniform shop on Wednesdays. New helpers are always welcome and if you can assist then please contact Mrs Lana Winger at the school or come into the shop on any Wednesday lunchtime.

Volunteering to help in the Uniform Shop is a great way to be involved in the school community and meet other parents should you be unable to attend our committee meetings.

***The Mothers' Committee always meets the first Wednesday of the month (except during school holidays).***

Our meetings are very informal and provide a great opportunity to be involved with the school community, meet other parents and find out what is happening at school from the Principal and Guest Speakers.

## Next Meeting – Wednesday 4 April at 10am in the Library

Lisa Tulau  
President  
0407 007 211

Maria Radcliffe  
Treasurer  
9533 5303

Donna Kwong  
Secretary  
0407 319 222

## St Georgians

It's not long now until our Annual Reunion Luncheon, which is open to all ex-students of St George. This year we will meet again at the St George Leagues Club, on Saturday 28 April – invitations will be going out to our members later this month. If you have a friend, relative or neighbour who came to St George, be sure to tell her to contact us about attending.

Our Theatre Party group attended the Guild Theatre on Wednesday 7 March to see the comedy/mystery *It Was a Dark and Stormy Night*. Well, that was a strange one! Mixed reviews from our party, but those of us who enjoy offbeat comedy found it hilarious. Always great to get everyone talking about it afterwards! If you'd like to attend the next production, please contact us on the details below.

The St Georgians meet in Room 5, at 7:00pm on the fourth Thursday of each month during school term.

Our next meeting will be held on Thursday, 22 March. We are always keen to meet new members, and look forward to seeing you there!

Pam Appleby  
President  
9587 0355  
(after 6pm)

Diana Renton  
Treasurer  
9580 3282

Melissa George  
Secretary  
9522 2527  
(after 6pm)



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### Health Psychology Unit

## Managing HSC Stress Program

The Higher School Certificate can be stressful for many students. However there are things that you can do to get through Years 11 and 12 with less stress and reduce the impact that stress has on your academic performance.

The UTS Health Psychology Unit has been running **Managing HSC Stress** programs for many years now and is pleased to be able to offer this program again in **Term 2 2012**.



The **Managing HSC Stress** program is a group program that assists students to better manage the stress of the HSC by teaching a broad range of skills that can be helpful in any stressful situation. Students also have the opportunity to learn from and assist each other.

The program can also be useful for students who are struggling with anxiety, low self-esteem or low mood.

**When?** Tuesday afternoon  
8<sup>th</sup> May, 15<sup>th</sup> May, 22<sup>nd</sup> May, 29<sup>th</sup> May

**Time?** 4 – 5.30pm  
*Afternoon tea will be provided.*

**Where?** Health Psychology Unit  
Ground Floor, 174 Pacific Highway  
St Leonards

*The Health Psychology Unit is a 5-10 minute walk from St Leonards train station. Buses 252 and 290 stop right out the front. Metered & time-limited street parking is available in surrounding streets.*

**Cost?** \$90.00 (\$22.50 per session)  
*Private Health Insurance may apply.*

**Register?** Registration is essential as numbers are limited.  
To register call 9514 4077 or email [Health.Psychology@uts.edu.au](mailto:Health.Psychology@uts.edu.au)



# St George Girls Make News!

**The Daily Telegraph**

## Women consume less and save cash with One Million Women campaign Save

by: Vikki Campion [The Daily Telegraph](#) December 15, 2011 12:00AM



House keeping ... Layne Beachley, Julie Goodwin, Abbie Winspear, Noni Hazlehurst, Helen Wei and Natalie Isaacs  
Pic: Tracee Lea Source: The Daily Telegraph

### **FROM Play School celebrities to MasterChef winners, every woman loves to “save”.**

Nearly 700 women converged on Sydney Town Hall in a One Million Women campaign called Save, where women slash household expenses by more than \$1000 a year by turning appliances off at the wall, keeping old bread crusts and only cooking what they need.

Noni Hazlehurst, surfing legend Layne Beachley, *MasterChef* winner Julie Goodwin and singer Melinda Schneider all spoke about being vigilant with household spending.

“Save is a lifestyle change program to fight cost of living increases by cutting waste and pollution in our everyday lives, led by women,” One Million Women founder and mother of four Natalie Isaacs said.

“It’s about saving electricity and to be able to save money at the same time. We are a behaviour-change campaign.”

Ms Isaacs said Australians could learn to live with less shopping, food and electricity.

“Australians are a really wasteful society, we over-consume,” Ms Isaacs said.

“We spend \$10.5 billion a year on stuff we barely use.”

**The Daily Telegraph**  
**15 December 2011**



# Coming Events

Tuesday 20 March	Gazette issued on School Website. <b>Students Dismissed 2.25pm</b>
Wednesday 21 March	Year 9 History Excursion, Bondi, 8.40am – 3.30pm
Thursday 22 March	Open Knockout Football, Blakehurst, 8.45am – 11am Parents and Citizens' Association Meeting, Staff Common Room, 7pm St Georgians Meeting, Room 5, 7pm
Friday 23 March	Year 11 Chemistry Excursion, Port Kembla Group 1: 8.30am – 2.30pm Group 2: 10.30am – 4.30pm
Sunday 25 March	P&C Fundraiser, Bunnings Warehouse, Rockdale
Monday 26 March	Year 12 Food Technology Excursion, Croydon Park, 8.30am – 12.30pm
Tuesday 27 March	Years 7 and 10 Vaccinations
Wednesday 28 March	School Dance
Thursday 29 March	Year 11 Latin Excursion, Summer Hill, 7pm – 10.15pm
Friday 30 March	Walkathon, Peter Depena Reserve
Sunday 1 April	CHS Swimming Carnival, Homebush
Monday 2 April	Years 11 and 12 Technology Excursion, North Ryde, 7.45am – 3pm CHS Swimming Carnival, Homebush
Tuesday 3 April	Years 11 and 12 Visual Arts Excursion, City, 9am – 3pm CHS Swimming Carnival, Homebush
Thursday 5 April	Last day of Term 1
Monday 23 April	School Development Day, Staff Only
Tuesday 24 April	Students Return ANZAC Day Observance Gazette issued school website
Wednesday 25 April	ANZAC Day Public Holiday
Thursday 26 April	Parents and Citizens' Association Meeting, Staff Common Room, 7pm St Georgians Meeting, Room 5, 7pm

**It is important that payment for excursions is made to the Finance Office on the days as designated by classroom teachers.**